1. Consider two stars, each of mass M, moving in a circular Newtonian orbit of radius R in the x, y plane centred on the origin. Show that their positions may be taken to be

$$\mathbf{x} = \pm (R \cos \Omega t, R \sin \Omega t, 0),$$

where $\Omega^2 = M/(4R^3)$. Treating the stars as non-relativistic point masses (in the sense of question 7 on sheet 3), compute the corresponding energy-momentum tensor, the second moment of the energy distribution I_{ij} , and the metric perturbation \bar{h}_{ij} . Determine the time average of the power radiated in gravitational waves.

2. Show that the second-order terms in the expansion of the Ricci tensor around Minkowski spacetime are

$$R^{(2)}_{\mu\nu}[h] = \frac{1}{2}h^{\rho\sigma}\partial_{\mu}\partial_{\nu}h_{\rho\sigma} - h^{\rho\sigma}\partial_{\rho}\partial_{(\mu}h_{\nu)\sigma} + \frac{1}{4}\partial_{\mu}h_{\rho\sigma}\partial_{\nu}h^{\rho\sigma} + \partial^{\sigma}h^{\rho}{}_{\nu}\partial_{[\sigma}h_{\rho]\mu} + \frac{1}{2}\partial_{\sigma}(h^{\sigma\rho}\partial_{\rho}h_{\mu\nu}) - \frac{1}{4}\partial^{\rho}h\partial_{\rho}h_{\mu\nu} - \left(\partial_{\sigma}h^{\rho\sigma} - \frac{1}{2}\partial^{\rho}h\right)\partial_{(\mu}h_{\nu)\rho}.$$

3. (a) Use the linearized Einstein equations to show that in vacuum

$$\langle \eta^{\mu\nu} R^{(2)}_{\mu\nu}[h] \rangle = 0 \,.$$

(b) Show that

$$\langle t_{\mu\nu} \rangle = \frac{1}{32\pi} \langle \partial_{\mu} \bar{h}_{\rho\sigma} \partial_{\nu} \bar{h}^{\rho\sigma} - \frac{1}{2} \partial_{\mu} \bar{h} \partial_{\nu} \bar{h} - 2 \partial_{\sigma} \bar{h}^{\rho\sigma} \partial_{(\mu} \bar{h}_{\nu)\rho} \rangle \,.$$

(c) Show that $\langle t_{\mu\nu} \rangle$ is gauge invariant.

- 4. Let η be a *p*-form and ω a *q*-form on a manifold \mathcal{N} . Show that the exterior derivative satisfies the properties $d(d\eta) = 0$, $d(\eta \wedge \omega) = (d\eta) \wedge \omega + (-1)^p \eta \wedge d\omega$ and $d(\phi^*\eta) = \phi^*(d\eta)$ where $\phi : \mathcal{M} \to \mathcal{N}$ for some manifold \mathcal{N} .
- 5. A three-sphere can be parametrized by Euler angles (θ, ϕ, ψ) where $0 < \theta < \pi$, $0 < \phi < 2\pi$, $0 < \psi < 4\pi$. Define the following 1-forms

 $\sigma_1 = -\sin\psi \, d\theta + \cos\psi \, \sin\theta \, d\phi \,, \quad \sigma_2 = \cos\psi \, d\theta + \sin\psi \, \sin\theta \, d\phi \,, \quad \sigma_3 = d\psi + \cos\theta \, d\phi \,.$

Show that $d\sigma_1 = \sigma_2 \wedge \sigma_3$ with analogous results for $d\sigma_2$ and $d\sigma_3$.

6. For this question it may be helpful to recall questions 10 and 11 from example sheet 3. Consider a metric of Lorentzian signature $g_{\alpha\beta}$ and its determinant $g \equiv \det g_{\alpha\beta}$. Show that

$$\frac{\partial g}{\partial g_{\alpha\beta}} = gg^{\alpha\beta} ,$$
$$\frac{\partial g}{\partial g^{\alpha\beta}} = -gg_{\alpha\beta} ,$$

where $g^{\alpha\beta}$ denotes the inverse metric. Conclude that the variation of the determinant g can be expressed as

$$\delta\sqrt{-g} = -\frac{1}{2}\sqrt{-g}g_{\alpha\beta}\delta g^{\alpha\beta} \,.$$

7. Let (\mathcal{N}, g) be a spacetime and the covariant derivative be given by the Levi-Civita connection. Let $t : \mathcal{N} \to \mathbb{R}$ be a foliation, Σ_t the spacelike hypersurfaces of this foliation and n be the unit normal field on the Σ_t . We define the *acceleration* as $a_b = n^c \nabla_c n_b$. Show that

$$a_b = D_b \ln \alpha$$
,

where D_b is the covariant derivative associated with the induced metric γ_{ab} and α denotes the lapse function.

8. Let (\mathcal{N}, g) be a spacetime and the covariant derivative be given by the Levi-Civita connection. Let $t : \mathcal{N} \to \mathbb{R}$ be a foliation, Σ_t the spacelike hypersurfaces of this foliation and n be the unit normal field on the Σ_t . Let γ_{ab} be the induced metric on the hypersurfaces and $m = \alpha n$ the normal evolution vector. Show that

(b)
$$\mathcal{L}_m \gamma_{ab} = -2\alpha K_{ab}$$
,
(c) $\mathcal{L}_n \gamma_{ab} = -2K_{ab}$,
(d) $\mathcal{L}_m \gamma^a{}_b = 0$,

where \mathcal{L}_m and \mathcal{L}_n denote the Lie derivative along the vector fields m and n, respectively, and K_{ab} is the extrinsic curvature.

9. The Lagrangian for the electromagnetic field is

$$L = -\frac{1}{16\pi}g^{ab}g^{cd}F_{ac}F_{bd}\,,$$

where F_{ab} is written in terms of a potential A_a as F = dA. Show that this Lagrangian reproduces the energy-momentum tensor for the Maxwell field that was discussed in lectures.

10. A test particle of rest mass m has a (timelike) world line $x^{\mu}(\lambda), 0 \leq \lambda \leq 1$ and action

$$S = -m \int d\tau \equiv -m \int_0^1 \sqrt{-g_{\mu\nu}(x(\lambda))\dot{x}^{\mu}\dot{x}^{\nu}} d\lambda \,,$$

where τ is proper time and a dot denotes a derivative with respect to λ .

- (a) Show that varying this action with respect to $x^{\mu}(\lambda)$ leads to the geodesic equation.
- (b) Show that the energy-momentum tensor of the particle in any chart is

$$T^{\mu\nu}(x) = \frac{m}{\sqrt{-g(x)}} \int u^{\mu}(\tau) \, u^{\nu}(\tau) \, \delta^4(x - x(\tau)) d\tau \,,$$

where u^{μ} is the 4-velocity of the particle.

(c) Conservation of the energy-momentum tensor is equivalent to the statement that

$$\int_R \sqrt{-g} v_\nu \nabla_\mu T^{\mu\nu} d^4 x = 0 \,,$$

for any vector field v^{μ} and region R. By choosing v^{μ} to be compactly supported in a region intersecting the particle world line, show that conservation of $T^{\mu\nu}$ implies that test particles move on geodesics. (This is an example of how the "geodesic postulate" of GR is a consequence of energy-momentum conservation.) 11. The action for *Brans-Dicke* theory of gravity is given by

$$S = \frac{1}{16\pi} \int \left[R\phi - \frac{\omega}{\phi} g^{ab} \phi_{,a} \phi_{,b} + 16\pi L_{\text{matter}} \right] \sqrt{-g} d^4 x \,,$$

where ϕ is a scalar field and ω is a constant. Ordinary matter is included in the action L_{matter} . How is the Einstein equation modified, and what is the equation of motion for ϕ ? (See Misner, Thorne and Wheeler or Carroll for further discussion of this theory.)

12. Calculate the extrinsic curvature tensor for a surface of constant t in the Schwarzschild spacetime

$$ds^{2} = -\left(1 - \frac{2M}{r}\right)dt^{2} + \left(1 - \frac{2M}{r}\right)^{-1}dr^{2} + r^{2}(d\theta^{2} + \sin^{2}\theta \, d\phi^{2})\,.$$

Do the same for a surface of constant r.